



Training Game U-6 Players

Into The Well

Skill: Throw-In

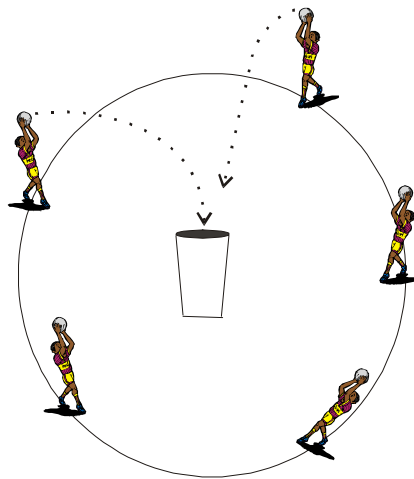
Number Of Players Required: Full U-6 team

Equipment: 10 or more cones to mark grid, 1 ball for each player and a trashcan.

Grid Requirement: 5-yard diameter circle.

Organization: Circle the players (5 yard diameter circle) around a target (trash can) with soccer ball in hand.

How The Game Is Played: The players attempt to throw the balls into the trashcan all at once. The object is to improve the number of balls that go into the trashcan, not to have a winner. Have the teamwork on improving the number of balls in the target.



Variations: Increase the circumference of the circle. Allow a parent to move around the circle carrying the target.